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Christian Counseling at Holy Cross Retreat Center

Along with our renewed efforts in offering spiritual direction here at HCRC (with Fr. Tom and Fr. Henry) that we shared with you in our last newsletter, we would like to introduce you to **Claudia Fuentes**, **MSW**, who will be offering **Christian counseling to** aid people in dealing with the struggles we face in our lives to find healing and direction.

This initiative began with Ken Ferrone, the Executive Director of Catholic Charities of Southern New Mexico, as he saw the need for this ministry and approached us here at HCRC to provide a safe space to co-sponsor this outreach to those needing counseling services.

Claudia is an active Catholic who is committed to our faith values. She is also bilingual in Spanish and English. She has fourteen years of experience working at various health and care centers. She will be able to offer individual and family counseling on topics like grief and the loss of loved ones as well as coping strategies for stress and anxiety.



Our HCRC volunteers have renovated and prepared two offices in the "La Casita" hallway attached to our main retreat building, and they are starting work on two more. We encourage you to call 575-527-0500 for more information or to make an appointment. You can also find more information about these counseling services and other helpful community resources at the **Čatholic** Charities Website:

www.catholiccharitiesdlc.org. Catholic Charities accepts insurance, Medicare and Medicaid, or will provide a sliding scale of payment, if needed, for these counseling services. Bienvenidos!

UPCOMING RETREATS AND EVENTS IN 2023

Retreats are a wonderful way to enrich both our personal and our spiritual lives. We invite you to join us for some of the sponsored events listed below. A full brochure is on our website at: **holycrossretreat.org** under the "Register for Retreat" tab. You can also consider a retreat that we host as well by looking under the "Calendar" tab. So many people have been uplifted by their experiences at Holy Cross Retreat since our beginning in 1957.

| Dec. 6,13, 20 | Confessions 3:00-4:00pm Chapel | |
|--|---|--|
| Each Wed. | Mass 6:30pm main Chapel (not 12/27) | |
| Jan 24 | Prayer Service for Christian Unity 6:30pm, with Rev.Jonathan Hanneman, Episcopal | |
| Feb. 9-11 | Incarnational Spirituality: Contemplation and Whole Hearted Living. Fr. Henry | |
| Feb. 14 | Ash Wednesday 6:30pm Mass and ashes in the main Chapel | |
| Feb. 19-21 | Parish Mission St. Luke El Paso "Fasting and Feasting" Fr. Tom Smith | |
| Thursdays Feb. 22, 29, Mar. 7, 14, 21 st 6:30pm | | |
| | Lenten Evening Series using "The Chosen" videos | |
| Feb. 23 -25 | Sr. Margarita Armendariz- Ejercicios Cuares- males (tentative) | |
| Feb 23-25 | Contemplative Retreat, | |
| March 8-10 | The Healing Power of Forgiveness | |
| April 12-14 | "Path to Joy: Eight Pathwasys" Led by Fr. Henry Beck OFM | |
| April 19-21 | Recovering Alcoholics/Alanon Retreat, by Fr. Tom Weston | |
| April 20th Sat. | Earth Day Commemoration | |
| May 11 | Day of Recollection "Praying Our Experiences" 9:00-4:00 | |
| May 17-19 | Caring for Creation and all people and creation. | |
| June 7-9 | "Franciscan Mysticism and Spirituality" Fr. Henry Beck OFM | |
| June 28-30 | Silent Retreat | |
| July 12-14 | Holy Eros and Healthy Sexuality Fr. Henry | |
| July 22-26 | Pilgrimage to the early Franciscan Missions in NM. | |
| Aug. 9-10 | "True Self / False Self" Fr. Henry (1 night) | |
| Aug. 31-Sept 1 | Franciscan Festival of Fine Arts , | |

FY July 2022 - June 2023 Financial Report

PANDEMIC RECOVERY

From July of 2022 and through about March of 2023 we were still seeing residual effects of the pandemic in the sense that some groups were reluctant to commit to bookings or cancelled at the last minute because of the virus. This is getting more infrequent and we are seeing our retreat income rising close to pre-pandemic levels (in 2019-20 our retreat income was \$578,834). We are so grateful for all of the donations and support you provided to us during the 3 years of the pandemic. We were able to keep our employees and by the grace of God continue our ministry.

This past summer we dedicated another hermitage, Sister Water, and it is being used regularly. It is good to have at least two spaces dedicated to those who need a little solitude.

We are so grateful to Rev. Henry Atkins, who served as our Eco-theologian in residence for a little over two years. Fr. Henry has returned to Texas for health reasons and he and his wife Treadwell will be sorely missed. Deacon Bob Anglich also returned to the Midwest to be with family. On the plus side, Fr. Henry Beck, OFM has joined the staff and is already making an impact.

GIVING BACK:

- Discounts were given to 2 Recovering Alcoholics retreats and 8 groups for a value of \$9,553.89
- 14 temporarily homeless, 443 refugees, 14 medical volunteers and one person fearing deportation were hosted for a total of 2,535 days at a value of \$113,415.00 (we use a discounted rate to calculate value which is about half of what we would normally charge for a room and food)
- 11 Medical patients were hosted for a total of 204 days at a value of \$11,340.00 (discounted rate) TOTAL VALUE OF OUTREACH: \$134,308.89

GIVING THANKS

We received volunteer service by way of the Good Works Volunteers totaling 1,680 hours, 184 hours for stuffing envelopes, and 452 hours from David, Henry Atkins, the librarians, chapel cleaners and refugee volunteers for various projects, and 219 hours of festival volunteers. Value of these volunteer hours was approximately \$46,144.00 Holy Cross Foundation was instrumental in hosting RA retreats, purchasing software, and constructing the hermitage. THANK YOU ALL SO MUCH!!!

FINANCIAL REPORT

July 2022 - June 2023

| INCOME | FY 2022-23 | |
|--|--------------|----|
| Retreat Income | \$489,829.29 | #1 |
| Holy Cross Retreat Foundation Grant | \$57,091.34 | |
| Art Festival Income | \$52,025.37 | |
| Return on Investments | \$39,832.72 | |
| General donations, cancer donations, Fran- ciscan Hospitality donat & Annual Appeal | \$89,548.72 | #2 |
| Other (Gift shop, soft drinks, etc) | \$30,560.49 | #3 |
| Grants | \$54,084.22 | #4 |
| TOTAL INCOME | \$812,972.15 | #5 |
| EXPENSES | | |
| Salaries and Benefits | \$406,328.33 | |
| Meals and Kitchen | \$114,935.53 | #6 |
| Utilities | \$40,130.15 | |
| Insurance | \$15,742.00 | |
| Maintenance, Administration, Housekeep- ing, etc | \$59,209.83 | |
| Renovations | \$40,595.70 | #7 |
| Donations | \$5,065.41 | |
| Surplus Funds to Province | \$50,000.00 | #8 |
| TOTAL EXPENSES | \$732,006.95 | #9 |
| NET INCOME | \$80,965.20 | |

NOTES:

#1: Retreat Income is up by \$162,241.61 this year

#2: General donations \$30,959.39; Annual Appeal \$39,223.23;Franciscan hospitality \$11,894.00; Medical patient donations

- \$1,220; chapel donation box \$6,252.10.
- **#3**: Net for gift shop was \$11,069.47
- #4: Elizabeth Goodgame for youth \$10,000, EFSP grants for refu-
- gees \$35,601.72, EFSP grants for homeless & medical \$9,882.50
- #5: total income up \$298,190.24 from last year
- **#6**: Meals and kitchen up \$51,375.68 from last year
- **#7** Hermitage construction
- **#8** Donated \$50,000 in surplus funds to Province
- **#9** Expenses up by \$231,079.00 from last year

Checking account balance as of June 30 2023:\$ 49,075.67Short term savings:\$150,000.00Long term investments:\$376,370.76The only liabilities are related to payroll withholdings

Holy Cross Retreat Center Conventual Franciscan Friar 600 Holy Cross Road, Mesilla Park, NM 88047 575 524 3688 www.holycrossretreat.org

With over 65 years of Retreat Ministry and outreach!

Advent 2023

(español está abajo)

This Advent, as we gather together in our homes to prepare for the Lord's arrival, we are reminded of our blessings. Holy Cross Retreat Center has been a beacon of refuge and hope to retreatants, migrants, medical patients and other thanks to the hard work of many, including our volunteers and supporters. We hope that you have experienced the efforts of our staff and volunteers to create a "home" for persons seeking spiritual transformation, holistic health, and support on their migrant journeys. Your donations help us to continue these endeavors but we also come to you with a very practical need.

The Hacienda portion of the Retreat Center, which now houses the staff's offices surrounding the indoor atrium, was built 111 years ago by Frank Monaghan. The adobe bricks used to construct the home were made on site. It was a family home until 1954 when the Franciscan Friars of the Santa Barbara Province purchased it and turned it into a retreat center. For more than 20 years we have been watching the north wall, which was showing signs of bowing and separating from the main structure. Some roof joists were modified to help mitigate the damage, knowing that it would continue to deteriorate. We now come to a point in time where we would like to consult with an engineer and see if there is a more permanent solution to the problem. Whatever solution is proposed is likely to be very costly, but it is worthwhile to save this beautiful home for future generations.

And so we come to you, our faithful supporters, at this time of the Annual Appeal to ask your help with this major project. Thank you for considering a donation to help us stop the deterioration of the north wall. Anything we receive beyond the scope of the project will be used to help us provide a "home" for future retreatants, migrant families and those seeking spiritual and practical counseling.

Adviento 2023

Este Adviento, al reunirnos en nuestros hogares para prepararnos para la llegada del Señor, recordamos nuestras bendiciones. Holy Cross Retreat Center ha sido un faro de refugio y esperanza para los participantes en el retiro, migrantes, pacientes médicos y otras personas gracias al arduo trabajo de muchos, incluidos nuestros voluntarios y simpatizantes. Esperamos que haya experimentado los esfuerzos de nuestro personal y voluntarios para crear un "hogar" para personas que buscan transformación espiritual, salud integral y apoyo en sus viajes migratorios. Sus donaciones nos ayudan a continuar con estos esfuerzos, pero también acudimos a usted con una necesidad muy práctica.

La parte Hacienda del Centro de Retiros, que ahora alberga las oficinas del personal alrededor del atrio interior, fue construida hace 111 años por Frank Monaghan. Los ladrillos de adobe utilizados para construir la casa se fabricaron en el lugar. Fue casa familiar hasta 1954 cuando los Frailes Franciscanos de la Provincia de Santa Bárbara la compraron y la convirtieron en un centro de retiro. Durante más de 20 años hemos estado observando el muro norte, el cual presentaba signos de arqueamiento y separación de la estructura principal. Se modificaron algunas vigas del techo para ayudar a mitigar el daño, sabiendo que seguiría deteriorándose. Ahora llegamos a un punto en el que nos gustaría consultar con un ingeniero y ver si existe una solución más permanente al problema. Cualquier solución que se proponga probablemente será muy costosa, pero vale la pena salvar esta hermosa casa para las generaciones futuras.

Por eso acudimos a ustedes, nuestros fieles seguidores, en este momento de la Campaña Anual para pedirles ayuda con este importante proyecto. Gracias por considerar una donación para ayudarnos a detener el deterioro del muro norte. Todo lo que recibamos más allá del alcance del proyecto se utilizará para ayudarnos a proporcionar un "hogar" para futuros participantes en retiros, familias inmigrantes y aquellos que buscan asesoramiento espiritual y práctico.

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|--|---------------------------------------|
| Yes! I would like to help support the vision Holy Cross Retreat Center! ¡Sí! ¡N del Centro de Retiros de la Santa Cruz! | Me gustaría ayudar a apoyar la visión |
| \$5,000\$2,500.00\$1,000.00\$500.00\$250.00\$100.00\$5 | 0.00\$25.00other |
| <u>Credit card, if used</u> : Name on the card (Nombre en la carta de credito) : number (numero de tarjeta): | card |
| Full billing address: (direccion): dar):CVS(on back)(numero en el reverso de la tarjeta): | _Expiration Date (fecha de cauduci- |

Fr. Tom Smith OFM Com.

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